



BFIRST Trainees Committee Meeting

3rd Feb 2020

Public Report

Present at meeting:

Rebecca Nicholas (RN), Conrad Harrison (CH), Ye Ru Chin (YRC), Zavira Heinze (ZH), Emma Pedlar (EP), Katie Dickson (KD), Poonam Valand (PV), Bilal Rafique (BR), Terouz Pasha (TP), Sarah Tucker (ST)

Apologies

Tareq Ammari (TA), Matt Fell (MF) (attended briefly at end of meeting)

1.0 Ratify outstanding committee members (Appendix 1)

2.0 Current Progress & Updates

2.1 Membership

2.1.1 Total 78 members (76 members + 2 new members).

2.2 Research

2.2.1 Currently 4 projects in progress. CH updated committee on next steps.

2.3 Update from BFIRST President Sarah Tucker (ST)

2.3.1 Committed to have a trainee on every BFIRST Overseas Trip and activity that BFIRST is involved in.

2.3.2 Aims to encourage fundraising in every UK Plastics Surgery Department.

2.3.3 Every overseas project that BFIRST supports needs to adhere to the new BFIRST Standards.

2.4 Overseas Trip Matching

2.4.1 Transparent method of creating ranked list of trainees who are interested in going overseas trips to be formalised.

2.5 Fundraising updates

2.5.1 Bike sportive event planning is underway.

2.5.2 Other fundraising ideas discussed.

2.6 Overseas Day

2.6.1 Provisional date is 4th Feb 2021

2.6.2 Provisional theme discussed.

3.0 Upcoming Meetings & Dates for Diaries:

3.1 Bike Sportive Event First Committee Zoom Meeting

28th Feb 2020 (Friday)

3.2 Next BFIRST Consultants Committee Meeting,

13th May 2020

3.3 Bike Supportive Event

12th Sep 2020 (Saturday)

3.4 BSSH Overseas Day - provisional

4th Feb 2021 (Thursday)

4.0 Next Committee Meeting:

5th March 2020 (Thursday)

Appendix 1: BFIRST Trainees Committee Update

All positions held for 1 year then reviewed in December 2020.

President	Rebecca Nicholas
Vice President	Conrad Harrison
Secretary	Ye Ru Chin
Head of Membership	Zavira Heinze Bilal Rafique
Overseas Trip Co-ordinator	Emma Pedlar Poonam Valand (Supportive Role)
Education	Katie Dickson
Overseas Day Co-ordinator	Tareq Ammari
BAPRAS Session Co-ordinator	TBC
Research Co-ordinator	
Research Co-ordinator	Conrad Harrison To handover to Terouz Pasha (TBC)
President of Medical Student sub-committee	Terouz Pasha
BFIRST Trainee Award Co-ordinator	TBC
Communications Officer	TBC
Fundraising Co-ordinator	Katie Dickson (interim role, to be handed over, TBC)
Fellowship Co-ordinator	Matt Fell (to be handed over shortly, TBC)